



# HELWEL TRUST

## ANNUAL NEWSLETTER

Issue No: 33

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Helwel Trust (Reg Charity No: 271713)

supporting Rural Development Projects in Northern KwaZulu Natal, South Africa

[www.helweltrust.co.uk](http://www.helweltrust.co.uk)

### ‘developing relationships - growing confidence’ - reporting on our 29<sup>th</sup> Year

It is with the greatest of pleasure that we report in this Newsletter on the successful and sustained support that Helwel Trust is able to give to important needs in KwaZulu Natal, South Africa. This has been maintained through the partner organisations TREE (Training and Resources in Early Education) and ACAT (Africa Co-operative Action Trust) who very adequately fulfil the aims that we hold dear in Helwel Trust. We have received detailed regular written reports from each charity, but it has also been so immensely valuable that we now have first hand confirmation of the excellent way in which these charities use our funding, made possible by the visit of Council members Lisa Sutton and Sally Hanning in May. We are extremely grateful to Sally and Lisa for spending a very full week with ACAT and TREE, as well as visiting Bishop Dino Gabriel, Bishop of Zululand, and Eshowe Community Action Group. You will enjoy their reports.



A number of “Friends” and Council attended the “Open Meeting” in June when they gave an illustrated talk about their South African visit and what they had achieved. This gave us very valuable insights into the way that the organisations were structured and sought to achieve their goals. We were left with confidence that our funds were very well used. It was also a great delight to have Pam Picken, the Director of TREE, with us on that same day because she was able to give us even greater knowledge of the work of TREE. The meeting followed a delightful hike over Box Hill, near Dorking, in which we enjoyed outstanding weather and stunning views.

We are grateful to our “environmental group” on council for organising this Annual Helwel Hike, particularly addressing how we could use public transport to reach the venue. They have also done important work throughout the year to help Council members be more environmentally aware.



Louise Blair, a long standing member of Council, and one of the earliest of our Zululand ‘volunteers’, felt that it was time for her to stand down at our last AGM in October 2005. We are extremely grateful to Louise for her help and guidance over so many years and shall miss her help. At the Open Meeting which followed our AGM in October 2005 we were delighted to welcome Carlie Giddings and Nicholas Bamber who gave talks about TREE and ACAT respectively, and built up our knowledge and confidence in their organisations.

Overall we have had an extremely successful year and the Council has been delighted by what we have achieved. As always we are indebted to the hard working council members who have helped us achieve our aims, but I would like to give especial thanks to all our “Friends”, congregations, and groups, who through their support and enthusiasm have made it all possible. We are indeed privileged to play this active part in helping the very needy in South Africa.

Howard Mowbray  
Chairman of Helwel Trust

## VISIT TO KWAZULU NATAL BY HELWEL TRUST COUNCIL REPRESENTATIVES

*Council members Sally Hanning & Lisa Sutton, who are both former Helwel Trust volunteers and have maintained regular contact with the work of the Trust, were asked by the other members of Council to undertake a fact finding and relationship building visit to KwaZulu Natal. In a very full week last May they were able not only to visit the offices of both ACAT (Africa Co-operative Action Trust) & TREE (Training and Resources in Early Education) and see some of the projects that Helwel Trust funds are enabling but also to meet with Dino Gabriel, Bishop of the Diocese of Zululand, to discover the progress of his ideas for a Social Development Department and then with representatives of the Eshowe Community Action Group. Sally & Lisa produced full reports, verbally at the June meeting and written a few days later. Space here only allows for a summary of that report – copies of their full report can be made available.*

*On May 14<sup>th</sup>, Lisa & Sally met up in Durban and stayed overnight with Liz Palmer, long time friend of Helwel Trust and its volunteers, before starting their mission by visiting TREE headquarters the next day. Helwel's support of TREE has allowed them to open up work in the Melmoth area, where our work was based until 2004.*

### **Training and Resources in Early Education**

On Monday we went to the headquarters in Briardene, Durban and were introduced to the staff had the opportunity to see round the facilities. We then had a discussion with Pam Picken (Director) and Linda Moore (Fundraising Manager).

TREE, established back in 1974, continues to be the only organisation working in KZN on early childhood development. They achieve their aims by training women as pre-school teachers. These women set up community based pre-school sites, giving young children from infancy up to age 6/7 years:

- structured education through play
- social and psychological development
- a safe place to go
- opportunities to make friends
- access to food (in some cases)



Siyamakahula Creche, Thubalethu

TREE work closely with educational bodies and leading educational thinkers across the world to ensure their training and pre-school provision is most appropriate for the age group and for South Africa. They work with the KZN departments of education and social welfare to ensure their programmes are in line with government policy for young children.

Pam & Linda outlined the South African government's current educational policies and how they affected the work of TREE; there is some friction at the moment caused by the state primary schools opening reception classes for 6 year olds, which has led to the poaching of teachers trained by TREE and of even younger children, who are not best served by being introduced to education in

the more formal setting and routines of a primary school and long hours also. TREE are in discussion with the regional education department to overcome these problems and are lobbying for support of TREE's proven model of early education in the community.

A new parenting support programme is currently being implemented across TREE's project areas, responding to the rise in teenage mothers, unequipped to look after their children, and also to help meet the needs of SA's under 5 year olds more holistically (so their development does not end when they go home from Pre-School). The parenting programme also gives support to parents whose children cannot get to a Pre-School for whatever reason.

Next day we visited teachers who are in the first year of the TREE programme and are located in pre-schools in the Mfanefile area near Melmoth and in Melmoth's township, Thubalethu. The Helwel Trust grant is funding the basic programme for 10 teachers in Melmoth and a Sugar Company is funding a resource kit for all the teachers (teacher's book, flash cards and puzzles) and their APT (appropriate paper technology) toy making training. TREE are also using their general funds to make up the funding for 6 further teachers in the Melmoth area, so that 16 women altogether are being supported in the area.

It was clear to see that whilst the pre-schools in these areas were providing education for many young children, there were many others who were not receiving such assistance and much needed support. We were told about TREE's vision for supplying outreach workers to see to this need.

This would involve two aspects:

- a day each month for an open day for parents and children who don't attend school. This will hopefully encourage parents and is educational for both parents and children. It will introduce them to what school is all about and why it is so important.
- An outreach support worker who would do home visits to work/play with a child for an hour or so. This would be good for when a parent is sick, or maybe for a teenage parent who is unsure about how to educate and stimulate their child.



Sabiza Creche, Mfanefile

*'Training is so much more important than resources.  
A good teacher could teach under a tree.  
Children need little in the way of stimulation - getting  
their imaginations going is the key thing'*

Vicky Sikakhana, TREE Programme Manager

On the Wednesday Sally & Lisa visited two potential funding partners, the Diocese of Zululand and the Eshowe Community Action Group. Helwel Trust has been associated with the former (through our founders, Drs Anthony & Maggie Barker) since the inception of the Zululand Churches Health & Welfare Association. However the link became somewhat tenuous as Zisizeni became more secular and the Diocese pursued other outreach activities. Bishop Dino Gabriel has moved social & rural development outreach further up the Diocesan agenda and they have formed a Social Development Department, which is looking at appropriate ways for the Diocese to become involved. ECAG has been known to Helwel Trust Council members for many years but has never been the recipient of our funds. Council wanted Sally & Lisa to find out more about their organisations, present work and future plans, bearing in mind our much more stringent guidelines for project approval.

### **The Diocese of Zululand**

Bishop Dino has given the responsibility of the new Social Development Department to Father Zwane, who has recently run a successful HIV/AIDS project for Christian Aid funded by the British Government's Department for International Development (DFID). Fr Zwane was in the process of setting up committees in each of the five Arch-Deaconries to assess the perceived needs to help plan the activities of the new department.

Fr Zwane listed a wide range of current ideas and they were aware that they would need to narrow these down. The Bishop said that he hopes to identify real projects that will benefit the people in the community, but that can also be a visible sign of what the church is doing for its people.

Fr Zwane was given contact details for both TREE and for ACAT and also for the Bishop Simeon Trust in Gauteng, which is engaged in diocesan outreach work, and he was encouraged to contact them to

find out what has been successful for them, with a view to learning from their projects. Bishop Dino knew of them, having previously been based in that area. The need to work with other agencies, in order to avoid duplication, was stressed. Both TREE & ACAT were similarly given Diocesan contact information to encourage any groups that we may fund to be aware of each other and to work in a collaborative way.

### **Eshowe Community Action Group**

ECAG was formed by Eshowe Rotary Club in 1977, though it is now an independent NPO (Not for Profit Organisation). We met with Fikile Makhoba (ECAG Administrator), Fred Volbrecht (Building Project Manager/Architect), and board members Jono Chennells and Richard Aitken.

ECAG's aim is simple – to provide infrastructure for education – replacing schools under trees, and have so far built almost 3000 classrooms.

Their process begins with an approach from the school needing help (so is a community driven process). The school and education department is asked to prove that the support is needed, through attendance figures, examples of dereliction, local statistics etc., and prove that the department of education is unable to provide the classroom. The school also has to prove they are registered with the department of education.

Schools ask for a classroom or whatever is appropriate to them, which can include libraries, IT centres, laboratories or dining rooms. ECAG always builds pit latrines to accompany each classroom it puts in.

ECAG negotiates with the local community and with the Department of Education for an input into the cost and building of the project. There were currently 123 schools on the waiting list and it may take three years to complete an approved project, though actual build time is 3 or 4 months.

*Thursday and Friday saw Sally & Lisa visiting ACAT's projects at Nkandla and their headquarters in Howick. They met with Gerald Dedekind, Executive Director, Geoff Morgan, EDP Leader, Sthembiso Ndlovu Extension Officer at Nkandla and many others.*

### **Africa Co-operative Action Trust**



1 to r: Sally, Joseph Dlamini, Lisa & Gertrude Dlamini (Joseph's mother)

ACAT began life as a micro-finance and village savings bank initiative in the late 1970's. They had rapid growth and their work began to expand until they carried out a much wider variety of community development projects than they do now. During the 80s and early 90s they were much more like Zisizeni, spreading their resources thinly across a very large area geographically and thematically including: adult literacy/education, water/sanitation and health projects, entrepreneurial training, agriculture, training in and establishing self help projects like bee keeping, sewing, candle making, woodworking, livestock and poultry rearing, and continuing to advocate small loans for business start up.

Following a large review of the needs of the communities, the successes of the programme and the staff skills and funding resources available, ACAT decided to focus their work in the late 1990s, specialising in just 3 programmes:

- Entrepreneurial Development Programme (EDP)
- Sustainable Agriculture programme (SAP)
- Adult Basic Education and Training (which is in fact a sub programme, as it is made available only to the participants of EDP and SAP, rather than running as an independent programme)

ACAT also integrates HIV/AIDS education into every programme, (mainstreaming HIV/AIDS). However they find it more successful not to call it an HIV/AIDS programme as, in the rural areas, this will stigmatise the work and people will not want to be involved.

ACAT were donated a farm in 1991 by a local Christian business man, and they have been established on that site since 1994. They have a working farm, which is used as training ground and example to trainees/participants, training rooms, dormitories and kitchen, offices and meeting rooms, staff and guest accommodation and a primary school for the local village and staff children.



One of Siphoso Magubane's telephone booths – doubling as a tuck shop

Gerald Dedekind told us that he is attempting to build up an endowment for ACAT, so that in 7 years time, they will have some independent income, making them more stable, and requiring fundraising for about only 50% of their work. He hopes, if he can continue at the rate he has, and the economy stays strong, that within 15 – 20 years, ACAT will be entirely self sustaining. We were staggered by his business acumen and far sightedness in attempting to achieve this feat – something many larger more established UK charities can only dream of, and which will give ACAT and it's beneficiaries amazing financial security! They are certainly a well managed organisation from a financial and strategic point of view.

Helwel Trust funds support the EDP programme in Nkandla. The EDP programme works with a community for 6 years, seeing them through from absolute poverty to successful self-sustaining income. In Nkandla the programme is active in 3 wards, 1 of which is in year 5 of the programme, 1 about half way through, and the final ward has only entered the programme in the last year.

*“Things have changed for the better.... But we're a developing country and some people think it's developing slower that they want. At ACAT though, we've seen changes for the good in the communities we work in. Rural areas are getting assistance and things are improving. Slowly, but they are improving.”*  
*Geoff Morgan, EDP Leader.*

### News from former Helwel Trust Volunteers



Cathy & Andsen

**Clare (née Morris) Mathema** (1993-94) and husband Deepak have a daughter, Arisha, born 1/5/06

**Morag Stuart** (1993-94) has moved back from the USA after 4 years and is now living in Richmond, Surrey. She has just started a new job as 'Head of Procurement' for the Olympic Delivery Authority, responsible for the delivery of the venues, transport and infrastructure for London 2012. If anyone would like to get in touch again then her e-mail is [moragstuart@hotmail.com](mailto:moragstuart@hotmail.com)

**Cathy (née Wilkins) Phiri** (2003-04) and husband Hlupeki have a son, Andsen Mapiri, born 18/11/05. Cathy is working in Washington for ACDI/VOCA, a US based aid agency, on a project based in Angola. A report from her may be viewed by going to:  
[www.acdivoca.org/acdivoca/acdiweb2.nsf/whatwedo/angolacada](http://www.acdivoca.org/acdivoca/acdiweb2.nsf/whatwedo/angolacada)

***Our Partner Organisations ACAT and TREE each send us 6 monthly reports. The following two articles are both drawn from more than one report.***

### **AFRICA CO-OPERATIVE ACTION TRUST (ACAT)**

Sally Hanning and Lisa Sutton visited ACAT for 2 days on 18<sup>th</sup> & 19<sup>th</sup> May 2006. They visited Nkandla first and then discussed our ongoing relationship with Gerald Dedekind, Director, at the ACAT Centre. Helwel Trust has since received an interim report on the period of operation January – June 2006. The following is gleaned from their annual report and that interim report.

Sthembiso Ndlovu is still the Extension Officer at Nkandla. He lives in the Nkandla village and is assisted by five Community Volunteers, each of whom are encouraged to attend five one week courses over a period of two years which are designed to capacitate them in their role in the community.

The Entrepreneurial Development Programme (EDP) strategy includes the establishment and support of 10 groups of 5 members per year in this area. 2 new groups were established in the first half of 2006 bringing the 5½ year total to 53 (8 more are planned before the end of the year) – inevitably there are some individuals who drop out and Ndlovu has to find new members to make up the numbers.

Ndlovu or one of the Community Volunteers attends the groups' monthly meetings to build relationships and motivate the entrepreneurs (there have been 131 such meetings). At these group meetings subjects addressed include lessons on basic book-keeping, gardening, health, causes of poverty, savings, prayer and Christian studies. It is also the forum where current group and community matters are discussed and resolved.



All group members are required to have gardens and they soon see the benefit



Granny shows off her cabbages while a youngster poses in the background!

Gardening is included in the programme as the poor are more often than not, faced with hunger. We are convinced that food security must be addressed as a priority, as all rural people in South Africa have the use of land as a resource. When gardening is introduced and the skills learnt, there is a dramatic change in the lives of those who embrace this activity. With our policy on using organic and sustainable practices, food gardens can provide excellent nutritious vegetables at little or no monetary cost. 88% of the entrepreneurs now have gardens, which is well above expectations. 62 group members attended 7 one day workshops. Good nutrition is one of the factors in the fight against the effects of HIV/AIDS.

Most of the group members we deal with are attempting a business for the first time. Those that do have existing survivalist businesses are also free to join the programme. Advice and extension services are given at group meetings where the problems and successes of the members businesses are discussed. To motivate and increase business skills, one day workshops were held. In this period 7 one day workshops were held with 59 entrepreneurs attending. This really assists in improving record keeping and sound business practices.

HIV/AIDS awareness has not been so much a focus this year as in previous years. We have instead addressed the management of the disease through encouraging our target group to take responsibility for knowing their status, the value (in terms of longer life expectancy) of early diagnosis and treatment of opportunistic diseases, good eating habits and hygiene, understanding the use of anti-retroviral drugs and the side effects, and the importance of positive living.

2928 group and community members attended one day workshops during 2005/06, the majority attending two one day workshops held by the programme Health Co-ordinator, Hugh Trollip. Subjects covered were nutritious food preparation, use of indigenous herbs and the 'Path to Aids' explaining the 4 different stages of the disease. The group and community members really learnt a lot from these workshops. An HIV support group has been formed and apart from family members, 8 community members and 11 child-headed homes are being cared for.

The Entrepreneurial Development Programme has brought change to many lives in Nkandla and as a result families and neighbours are being impacted positively. A comprehensive evaluation of the EDP is being undertaken. Participants that started in 2001 and 2003 have been interviewed by assessors, staff from other areas who went from home to home. Workshops where relevant questions were put to group representatives were also held. The information has been recorded on computer and the analysis has begun.



Gugu Zwane from Emnambithi shows off traditional pinafore dresses that she has made

## HELWEL TRUST VOLUNTEER PROGRAMME

Over the years, Helwel Trust sent 28 volunteers to work in KwaZulu Natal with projects that the Trust has supported. It was hugely beneficial for all concerned. The Zulu people received the benefit, which each volunteer offered differently, but always using their skills, ideas and experience plus their enthusiasm, vitality and love. The volunteers gained from the experience of living among Zulu people, who gave them the benefit of their culture.

Unfortunately Council have had to take the decision not to revive the Volunteer Programme. Volunteering in third world situations has become very much more professionally organised than in the past and it is not a good use of Helwel Trust's personnel and financial resources.

We would like to encourage young (and not so young) people to think about offering themselves for service to the underprivileged in this world and to the rural poor of KwaZulu Natal in particular. We would refer people to organisations such as Youth for Development, a part of Voluntary Service Overseas (VSO) [www.vso.org.uk](http://www.vso.org.uk), and Project Trust [www.projecttrust.org.uk](http://www.projecttrust.org.uk), who both offer opportunities to spend more than just a few weeks in a country and have good local support networks.

Liz Sharp

## TRAINING AND RESOURCES IN EARLY EDUCATION (TREE)

Helwel Trust receives regular reports from TREE and what follows is drawn from their annual report to us in February 2006 and an interim report received last month.



Sally Hanning with Pam Picken (r) and Linda Moore (l) at TREE's head office

Since the commencement of this project in March 2005, discussions have taken place with different stakeholders both at regional and local government levels. The people consulted included the local leaders and the department of health and social welfare officials. The purpose and aim of networking and consultations was to ensure that we increase an awareness of the importance of Early Childhood Development (ECD) and also to strengthen the ability of the community to mobilize their own resources by knowing where they are situated in terms of the districts and regions. TREE assigned the tasks to the Area Manager and a trainer to facilitate the implementation of these activities. To ensure the success of the project we paid attention to the number of adults who received training and the children they had direct impact upon. The facilitation process led to negotiations with the local Social Welfare office as we learned that registration procedures were behind and that the people were unhappy. The relationships have become stronger with the intervention and have led to a negotiation for sharing of information in regard to registration and holding the briefing sessions to share joint target impact between TREE and the Departments of Social Welfare and the District Department of Health. The first meeting took on the 25<sup>th</sup> January 2006.

The Orientation course was completed by 10 practitioners. Implementation at their sites has been assessed. This course provided practitioners with the basic Early Childhood Development practice to be implemented at site level. Seven sites need to be encouraged through the next phase of training.

**Theme Training:** The Theme course also known as the Classroom Practice Programme helps practitioners to develop their knowledge in a systemic and gradual mode so that they do not feel overwhelmed by new information, whilst ensuring that they follow quality ECD practice when working with children. All ten workshops have been completed. Attendance has been good. Much emphasis is on developing topic related activities and teaching aids using the skills they have gained in the toy-making workshop.

**Toy Making Basic Course:** The toy making course leaves practitioners with basic skills on the different techniques of applied paper technology and also makes them understand that toys and improvised equipment can be made from waste material found in their surroundings. Attendance at these courses has been good.

**HIV/AIDS and the Distribution of First Aids Kits:** The Area Manger was trained in the facilitation of the HIV/AIDS course. This course also includes thinking skills. This course requires time for implementation before the practitioners can be assessed in their sites. The practitioners were workshopped on the use of the contents of the First Aid Kits by the local health practitioner.

**Benefit:** The project has benefited the community and children. There is a raised interest in children's issues opening possibilities for the other departments to input into the programme which is developing in this area. The Social Welfare ECD officer said that the partnership has encouraged her and now she recognizes what true partnership means. The practitioners expressed their appreciation in a letter from which I shall quote "This letter is expressing deep appreciation for the assistance you have given us. The course has made us grow mentally and physically. We hope that you shall continue with the support you have shown"



**Conclusion:** As the Orientation Course was a course that offered very basic training in what should happen at an ECD site, it would be beneficial to the 10 Practitioners to continue with the Basic Course in ECD at NQF Level 1. This would equip them with greater skills to implement at their sites. This would benefit the children as their teachers would be further qualified by this course.

Due to budget constraints the 10 Practitioners were unable to obtain the Teaching Practice Theme Book. It would be of great benefit to them and enable them to introduce developmentally appropriate activities to their children.

**With support from the Helwel Trust,  
TREE has made a difference to the lives of approximately 584 children**

**Update after May 2006:**

Since Lisa and Sally’s visit in May 2006 much work has been done in the Melmoth area. The TREE area manager, together with the TREE trainer and the Social Department Officer identified 15 ECD sites to participate in the Basic Course training course. In this report we will describe the practitioners, their impact on children and the links we have developed with local structures and the Sugar Industry for Education (SITFE).

In addition we have sourced additional support from the local sugar association to supplement the training of an additional 5 sites in Melmoth.

15 site practitioners were enrolled and contracts of agreement were signed with the site committees. 15 theme books will be distributed this quarter as a classroom practice resource book.



Children at Thubalethu crèche play with educational puzzles made by TREE in their Durban workshop

Each practitioner was visited in order to monitor work done at the site and to offer mentorship when it is needed. Each practitioner has received a minimum of 2 visits. It is during these sessions that the trainer has a one to one interaction with the practitioner. She helps them to cope with child centered learning practice and demonstrates the making of equipment out of waste.

Although lack of basic resources is and continues to be one of the greatest challenges, we are pleased that during this period the Department of Social Welfare has started helping with a small grant per site according to the numbers of children. Last year only one site was supported but in this quarter we have seen an increase in support of nine ECD sites out of the fifteen ECD sites receive a food grant. We have noticed that practitioners are more motivated since they get the grant. At this point there is no guarantee yet on how long it will continue. To further secure this grant each site is expected to have a Non-Profit Organisation status and TREE staff will give technical support and advice on how to register the site for an NPO status.

The project has highlighted the need to work in collaboration. Through collaboration, both community members and their children can grow and be part of ensuring that their children’s needs are met and that they can access services from their local government representative.



Langwe Crèche, Mfanefile



Pam Picken, Director of TREE

The Annual Meeting of Friends was brought forward to the day of the Helwel Hike in order that Helwel's Friends would be able to hear a report from Lisa Sutton & Sally Hanning, who were just back in UK after their mission to KwaZulu Natal. A huge added bonus was the opportunity to meet Pam Picken, Director of TREE, who happened to be in the country and was able to fit the Hike into her busy schedule. A report of the Hike is on page 12.

We gathered, after lunch, in Mickleham Village Hall, an excellently modernised, maintained and equipped resource for a seemingly small community – we are pleased to have been able to hire it. In the morning, we had all had the opportunity on the walk to chat with Pam Picken, Director of TREE (Training and Resources in Early Education), but now we could hear from her, in a more structured way and with projected pictures, about the work of TREE and the work that is being enabled in Melmoth by funds provided by the Friends of Helwel.

Pam spoke clearly and authoritatively about the situation in KwaZulu Natal and how TREE is able to improve lives for not only the young children and their mothers, but also for communities. It is good to have enabled TREE to open up their work in the Melmoth area, where Helwel Trust has for so long had associations.

After Pam had spoken we listened to Sally & Lisa who gave an excellent illustrated report of their visit to not only to TREE, but also to ACAT (Africa Co-operative Action Trust) or other funding partner in KwaZulu Natal. They also spoke of their meetings with Bishop Dino Gabriel from the Diocese of Zululand and with representatives the Eshowe Community Action Group.

The meeting was left with no doubts that Helwel Trust has been able to link up with two very well founded organisations working to improve the situation for those rural Zulu people who the Friends of Helwel have worked for for over 30 years and our founders, Drs Anthony & Maggie Barker, first met 61 years ago. Pam, Sally and Lisa were warmly thanked and applauded for their presentations.

## **FINANCIAL REPORT 2005-06**

Regular contributions to the Trust's funds, the majority through standing orders, continued at the previous year's high level, and these were complemented by substantial sums from a number of church collections and by two legacies. The Trust maintained its support of rural development and pre-school education in deprived areas of KwaZulu Natal through ongoing allocations of money to ACAT and TREE, which together accounted for 64% of the year's donated income. After administration costs and interest earned on brought-forward funds, there was an excess of income over expenditure of £9,551.

The substantial funding carried forward into 2006-07, consisting of £29,536 in General funds and £60,089 in the Barker and Kirkpatrick funds, will allow the Trust to continue its support of existing projects with confidence as well as to identify additional areas of need in KwaZulu Natal consistent with its ongoing objectives.

At the end of this, my first year as Treasurer, I should like to thank all contributors to our funds for their generous support.

**Michael French**  
Honorary Treasurer

## HELWEL TRUST

formerly known as The Zululand Churches Health & Welfare Association

### RECEIPTS & PAYMENTS ACCOUNT for the year ended 31 March 2006

Notes	General Funds £	Designated Funds £	Restricted Funds £	Total 2006 £	Total 2005 £
<b>INCOMING RESOURCES</b>					
Donations and Covenants	1	19,851		1,930	21,781
Interest received		1,178	2,508		3,686
Tax recovered		3,438		3,438	3,265
		<u>24,467</u>	<u>2,508</u>	<u>1,930</u>	<u>28,905</u>
<b>RESOURCES EXPENDED</b>					
<u>Direct Charitable Expenditure for Zululand:</u>					
From:					
General Funds	2	14,526		14,526	17,262
Designated Funds	3				1,065
Restricted Funds	4		1,688	1,688	8,258
		<u>14,526</u>	<u>1,688</u>	<u>16,214</u>	<u>26,585</u>
<u>Other Expenditure</u>					
Fund raising					366
Management & Administration		3,140		3,140	2,728
		<u>3,140</u>		<u>3,140</u>	<u>3,094</u>
		<u>17,666</u>	<u>1,688</u>	<u>19,354</u>	<u>28,969</u>
Transfer from Designated to Unrestricted General Funds					(10,697)
					<u>10,697</u>
<b>NET INCOMING (OUTGOING) RESOURCES</b>					
		6,801	2,508	242	9,551
				80,074	51,105
<b>Fund Balances b/fwd.</b>		22,735	57,581	(242)	80,074
<b>FUND BALANCES C/FWD. AT</b>					
<b>31 MARCH 2005</b>		<u>29,536</u>	<u>60,089</u>	<u>-</u>	<u>89,625</u>
				<u>89,625</u>	<u>80,074</u>

### STATEMENT OF ASSETS AND LIABILITIES as at 31 March 2006

Notes	2006 £	2005 £
<b>CURRENT ASSETS</b>		
Bank accounts	8,158	2,094
Charities Official Investment Fund account	81,467	77,980
	<u>89,625</u>	<u>80,074</u>
<b>CURRENT LIABILITIES</b>		
<b>NET CURRENT ASSETS</b>		
	<u>89,625</u>	<u>80,074</u>
<b>Financed by:</b>		
Unrestricted General Funds	29,536	22,735
Designated Funds	3	60,089
Restricted Funds	4	-
	<u>89,625</u>	<u>80,074</u>

### Notes to the accounts for the Year ended 31 March 2006

#### 1. Accounting Policies

##### Basis of Accounting

The statement of accounts has been prepared in accordance with the provision of the Statement of Recommended Practice for Accounting by Charities. These accounts have been prepared on a receipts and payments basis.

##### Gifts in Kind

The Trust receives the benefit of work carried out by volunteers, and receives gifts of items, mainly clothing, which are sold to raise funds. No monetary value is placed on these items until proceeds are received.

#### 2. Sent to Zululand from General Funds for:

	2006	2005
In the Year to 31 <sup>st</sup> March 2006 the Trust sent funds to Zululand to support the work of two local NGO's:		
TREE (Training & Resources in Early Education)	7,503	
ACAT (Africa Co-operative Action Trust)	8,711	
In the previous year the Trust had sent funds to support the administration, salaries and charitable work of Zisizeni Association for Development, amounting to:		17,262
This organisation has since ceased its operations. :		
	<u>16,214</u>	<u>17,262</u>

	Balance 31.3.05 £	Receipts £	Payments £	Transfer to general £	Balance 31.3.06 £
<b>3. Designated Funds</b>					
A & M Barker Fund	31,680	1,380	-	-	33,060
M.R.Kirkpatrick Fund	<u>25,901</u>	<u>1,128</u>	-	-	<u>27,029</u>
	57,581	2,508			60,089
<b>4. Restricted Funds</b>					
Pre-school education	(242)	1,930	1,688	-	-
	<u>(242)</u>	<u>1,930</u>	<u>1,688</u>	-	-

## 'STOP PRESS'

*At the Helwel Council Meeting on 7<sup>th</sup> October 2006 the Members of Council were pleased to*

### **1. endorse Sally & Lisa's main conclusions**

"Our visits to TREE and ACAT were incredibly informative and worthwhile. We were fortunate enough to see many examples of where our funds are being directed.

We would recommend that Helwel Trust continue supporting both TREE and ACAT. Furthermore we felt that we might be able to develop our partnerships with these two partners even more. On reflection, their organisational sophistication and strategic vision for the people of KZN reassured us that our money is achieving the most it can, and is being extremely well managed with these two organisations."

### **2. approve a funding application from the Eshowe Community Action Group (ECAG) to build a classroom at Mfundabasha Primary School in the Kwamazala area**

### **3. approve an increased grant application for 2007 – 2100 from the Africa Co-operative Action Trust (ACAT)**

## **HELWEL HIKE 10<sup>th</sup> June 2006**

The 2006 Helwel Hike was held on a beautiful sunny Saturday in early June. The Climate Change subcommittee was keen to encourage the use of public transport, to alert supporters of the need to reduce CO2 emissions: the poor will suffer first and worst from runaway climate change. So we met at Dorking Station and walked across water meadows to Box Hill, and then on to the church yard of Mickleham Church – surely one of the most pleasant picnic sites.

Our Annual Meeting was held during the afternoon in the local village hall – read about this on page 10.

So how many came by train? Well, in spite of the engineering works on the line, about 50%. Let's hope we can improve on that next year.

**Do try and see the Al Gore film *An Inconvenient Truth*.** It is excellent and thought provoking and, perhaps, even action-promoting.

Catherine Budgett-Meakin  
on behalf of the Climate Change subcommittee

If you would like more copies of this Newsletter, Gift Aid Envelopes, a leaflet on leaving a Legacy to Helwel Trust or further information about Helwel Trust

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Over £15,000 was raised through Gift Aid donations in the last year, helping vital development work in KwaZulu Natal.

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Will you make a regular donation, increase your existing bankers order, or make a one-off donation? Helwel urgently needs your continuing support - please help us again.

**Thank you.**

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Donations to Helwel Trust may be sent to

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Carolyn Mowbray, Catherine Budgett-Meakin,  
Lisa Sutton, Liz Sharp, Howard Mowbray,  
Pam Picken (left to right)

*All the Trust's Officers give their services voluntarily.*

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