



# HELWEL TRUST ANNUAL NEWSLETTER

Number 31

August 2004

Helwel Trust (Reg. Charity No: 271713) supports the Zisizeni Association for Development/Zululand Churches' Health & Welfare Association  
Zisizeni is active in the fields of Education, Training, Basic Health Care and Rural Development

## Reporting on our 27<sup>th</sup> Year 'Getting things straight'

### The Chairman writes:

The Annual Meeting of Friends of Helwel Trust is scheduled for Saturday 23<sup>rd</sup> October, a date chosen out of necessity, but already welcomed by quite a few who prefer to avoid mid summer. With a "News Update" in May we hoped to still keep you informed while bringing out the fuller "Newsletter" at this time. This too would allow time following my visit to Zisizeni (ZAD) in March for decisions to be implemented and programmes develop.

You may recall that Liz Sharp and I visited Zisizeni in 2003, and so to follow on, a year later, Carolyn (my wife and Council Member) and I went back to KwaZulu Natal. The previous year (2003-04) had not been an easy one for Jabulani Nene the director, with a lot of pressure from family illness and bereavements, loss of two members of staff, and insufficient support locally for what he was hoping to achieve. There remained the uncertainty of whether the Zisizeni office could remain on the KwaNzimela Site and a lot of general administrative problems. Their AGM had been delayed 3 times because their accounts were not prepared in time, with the accountant struggling to achieve the deadline.

Council wrote to Zisizeni several times, with finally a very strong and direct letter in January 2004 expressing our concerns. With our responsibility to you as donors we had to have confirmation of efficient management of funds we were sending out. Rev Cyprian Mncwango, secretary of the ZAD Board, replied promptly. He confirmed how the Board very much regretted that they had allowed things to slip, and put forward a good number of detailed proposals for improvement. This prepared the ground for our visit shortly after.

We were delighted to find Jabulani in good heart, welcoming as always, and we spent an enjoyable week having very detailed discussions. On several days Cyprian was with us too. He had formerly been headmaster at the local primary school, but recently retired. He was spending time with Jabulani developing and implementing a system of administration and financial management (also as a non stipendiary priest the bishop had asked him also to become director of Christian education for the diocese). A recent secretary, who had just left the organisation, had failed badly in her book-keeping, leaving an enormous backlog.

Our full and frank enquiries were welcomed in the spirit of our being "overseas partners", and we were able to make much progress. We considered it essential that Jabulani had an assistant skilled in management, fund raising, and project development to work with him on rejuvenating the organisation. (Our Council had long been of this opinion). By fortunate chance, a young man, Mthandazo Ndlovu had already sent his CV to Jabulani. When we met him we realised that he had so many of the skills required, and we are delighted to say that the ZAD Board have since appointed him to the post of Project Manager. Helwel Trust will fund his salary for the first 2 years. Mpilo Dladla, who as a temporary secretary again impressed us with his commitment and ability, has been appointed permanently. Our UK volunteer, Cathy Wilkins, was also playing an invaluable role in supporting the permanent staff. We were pleased to be involved with the choice of the new accountant Roy Naidoo. He is based nearby in Melmoth, has a good track record with local organisations, and seemed to be very responsive to ZAD needs.

Another vital issue for ZAD is the need for security of tenure on the KwaNzimela site together with progress on the proposed building swap with the diocese. This has now been agreed by the Diocesan Trust Board and is about to go ahead. We were able to have discussions with Bishop Anthony Mdletshe and Dean Dino Gabriel which

*(cont p.2)*



*l to r Jabulani Nene, Mpilo Dladla,  
Cathy Wilkins and Mthandazo Ndlovu*



## SAFE SEX

Pictured left are graduates of a workshop to train HIV/AIDS educators and counsellors. These workshops have been the main new thrust of Zisizeni's work in the communities.

They are proudly wearing their T-shirts emblazoned with the message that

'SAFE SEX PROTECTS  
THOSE YOU LOVE'

in English on the front and in Zulu on the back.

If you are bold enough to wear such words emblazoned on your chest, we do have a few available - £10 each from Russ Sharp.

helped with this, as well as urging greater general liaison and cooperation with the diocese. It is likely that we will be asked to help fund some modest refurbishment of the building to convert it to an office. Also with this security we will now be able to release the funds raised by last year's Hike for very necessary repairs to Jabulani's house which urgently needs a new roof, hot water system and new kitchen cupboards.

A report about Cathy's work with HIV education and training appears later, but I would like to emphasise the immensely valuable work that she has been doing, and it was just wonderful to be able to go to one of her HIV Educators award ceremony in the Nkandla area. An older volunteer with her experience and knowledge has proved invaluable at this time.

The Zisizeni Board meeting at the end of our visit was ideal for us to emphasize our continuing commitment to help the organisation as its major funder, but equally to stress that we insisted on their own obligation to ensure high standards of management.

Since our return there have been good signs that Jabulani, Mthandazo, Mpilo and Cathy are working hard as a team to make progress. While explaining at some length the very real difficulties that we face ourselves as donors, it was salutary to be observers of the situation of work in South Africa today. Everything is more complicated or protracted than we have come to expect in our western situation. Even going to the bank can mean an hour in the queue only to find that the money that should have been sent by the other branch has not arrived!

### Cedric Browne

We would like to record our thanks to Cedric and his wife, Jane, for the years of loyal service to Zisizeni, producing and auditing the annual accounts for ZAD. We know that this was never an easy job, requiring a great deal of perseverance by Cedric, who has not been blessed with robust health.

Do enjoy the rest of the Newsletter. We thank Russ and Liz Sharp for its production, and also other contributors for their input. This will give much more detail of what ZAD is really about in the grassroots situation and which can happen when management is supportive.

As always I would stress the magnificent work done by members of our Council carrying out our aims. However we could do nothing without you, the wonderful band of supporters, who with your financial help and enthusiasm make it all possible. Our visit to South Africa once again confirmed that our continuing support is very crucial.

**Howard Mowbray**

### Dr Mary Rose Kirkpatrick

Mary Rose Kirkpatrick was the medical superintendent of St Mary's Hospital at KwaMagwaza during the formative years of the of the Zululand Churches Health & Welfare Association, now known as Zisizeni, working alongside our founders Drs Anthony & Maggie Barker at the Charles Johnson Memorial Hospital at Nqutu. She had trained in London (1945) and then worked at the Birmingham Children's Hospital. She went out to Zululand in 1964 and served the Zulu people until 1975. She returned to England to work for the North Norfolk Community Health Service as a medical officer of health until her retirement in 1986.

Mary Rose Kirkpatrick died on 1st October 2003 in the Queen Elizabeth Hospital, Kings Lynn after a road traffic accident. There were very many people at her funeral, a tribute to the wide respect and affection in which she was held. We are most grateful that she remembered Helwel Trust and the Zulu people in her will with a very generous bequest.

**Russ Sharp**

## RECENT REPORTS

from

## ZISIZENI ASSOCIATION FOR DEVELOPMENT

### Jabulani Nene

Thank you, very much for all your efforts together with Helwel Trust members of helping us. I hope things will now work in favour of us all since we have three staff members who are Mthandazo, Mpilo and Cathy. Please pass our best regards to everyone.

Staff I am so happy at the moment to have people like Mpilo, Mthandazo and Cathy in my staff, although two of them are still novices, their work is amazing so far. We are now busy trying to review how the centres are organised at the moment. Transport is sometimes a problem since our itineraries are often different.

Project Matters On July 16th the project of building the accommodation block at the Masisizane School for the Disabled was started. Mondi Manager Mr Walter Shandu gave instructions for materials to start being delivered to the site. 1130 Blocks and 6 cu metres of stone were delivered and photos were taken. We are looking forward, with the help of Mondi, to have something to help kids who are using classroom for sleeping and for attending lessons. *(note: Mondi is a large forestry firm that is sponsoring this improvement and expansion of Masisizane School for the Handicapped. This is the expansion project for which former volunteer Becky Maclay wrote the proposal)*

Volunteer Work We are thankful to have Cathy, who is very good in assembling the programme of HIV/Aids; the way she is working is amazing. She has been working with all Centres and she has been so successful. The programme of HIV/AIDS is now the living programme, so thank you very much for recruiting her for us.

Thank you, Jabulani



### Mthandazo Mdlovu

Largely, South Africa appears to be a well-developed country compared to many others in Africa, with its modern factories and large-scale farms. Nevertheless, when one turns an eye to rural areas such as northern KwaZulu Natal, where predominantly blacks live, the scene is different; especially where people rely almost entirely on subsistence agriculture to survive.

KZN is ZAD's principal field of intervention, with all its poverty, historic underdevelopment and discrimination. ZAD's starting point is to attempt to weaken the roots of underdevelopment, rather than treating its symptoms, through the creation of "projects". The work is not only about reversing the process of underdevelopment, but encouraging people to take back control over their lives. This is obviously not easy. It's a long way from sewing school uniforms and establishing nutritional gardens to secure community driven initiatives. All of our activities are building blocks for larger projects or programmes in the future. Without these, rural development activities will fragment and disintegrate into isolated and essentially individualistic attempts to obtain resources. By not reorienting the fundamental social aspects of the peoples lives, the success of social empowerment will emerge as the process evolves continuously and people become more self-reliant.

ZAD has great potential to capitalise on its capabilities and opportunities. I am thrilled to be appointed as ZAD's Project Manager and am looking forward to working with Jabulani, Mpilo, ZAD board and Helwel Trust over the next couple of years.

With sadness we tell you of the recent deaths of two good friends of Zisizeni & Helwel in KwaZulu Natal

### Revd Canon Peter Biyela

Peter was born in 1913, and his surname was originally 'Zulu'. A forbear helped to save many from King Shaka's wrath, and was ordered away from the Royal Kraal. After that his name was changed to mean 'one who surrounds and protects'. He walked for hours to school at Kwamagwaza and was once sent home for not having tie or shoes. He had to wait for money from England before he could resume! He was one of the first Zulu Canons, and excelled in Christian Education. His workshops became famous. You could always know where he was by his distinctive laugh.....often used! He was the first Zulu Rector of Etalaneni, where he stayed for at least 15 years. He retired to Mahlabathini near Nongoma, where he continued his interest in Community development.

**Paul Duffett with Bill Johnston**

### Mama Langa

Mama Langa has been a good friend of Zisizeni for many years. She served as a member of the Board and she was a friend and confidante for Jabulani. She was a wise lady, much valued in the local community and beyond. She was the Field Worker for the Mothers' Union of the Diocese of Zululand. Mama Langa died after a brief illness - her funeral was attended by over 400 community members, friends and relatives, a mark of the respect in which she was held.

**Jabulani Nene**

## HIV/AIDS work in KwaZulu Natal

Since my arrival at KwaMagwaza in November 2003, it's been a whirlwind of activity on the HIV/AIDS work, kindly funded to the sum of £4,360 by Margaret Pyke Memorial Trust and £370 from AVERT. It's wonderful to know that several of the community groups, especially in Melmoth and Nkandla, are moving towards project group sustainability. Trained HIV Educators meet in a community room (such as a Helwel Pre-School building) to update each other on their HIV education work in schools, churches or community meetings. Nkandla is in the process of securing a community room to act as a project room and place to confidential HIV counselling and information. One of Melmoth's Coordinators, Gugu Gabela, gains confidence and knowledge with each workshop or meeting she attends. At first she was shy to talk about reproductive health and sexual issues, but now you should see her!

At a focus group discussion, held at KwaNzimela Centre on 7 July 2004, 9 men and 11 women met to talk in depth about their views on the impact of HIV/AIDS. Sadly, the stigma and discrimination associated with HIV is still strong in northern KZN. Participants feel that a child who loses his or her parents



above: Cathy Wilkins and translator, Mr Mavuso, instruct an HIV/AIDS education exercise



left: HIV/AIDS workshop in progress

to HIV should become the government's responsibility. They think these orphans must go into orphanages or children's homes because that's where they can be best cared for. Whereas, an orphan who loses his or her parents in a car accident, is still seen as part of the community, and must be cared for by relatives. The world has 1 million orphans caused by AIDS. Will they all be brought up away from their communities, separated from siblings and relatives? Is it any wonder HIV+ people do not disclose their status? The HIV Educators work is essential to reduce the stigma and discrimination Zulus place on people affected or infected by HIV and AIDS. I hope the work continues to gain momentum, and people find their own initiatives to keep all orphans as an integral fabric in the community.

Cathy Wilkins

## Margaret Pyke Memorial Trust & AVERT

We have written before of the high incidence of HIV in KwaZulu Natal and the devastating effect that it is having on every aspect of the lives of those who are the people Helwel Trust donors are trying to assist. We are most grateful that Kathy Wilkins, with her knowledge and her skills volunteered to go out to South Africa at the time she has. The work she has done out there in setting up HIV/AIDS educational projects has been sponsored by two charities from the UK -

The **Margaret Pyke Memorial Trust** (£4360) has founded the Margaret Pyke Centre and supports the work of its Research and Training department. Studies include aspects of women's health, and include testing of new contraceptives and improvement of existing methods of birth control. The Trust also sponsors educational activities both here and in schools and has a strong commitment to environmental issues. The Trust supports the **Population & Sustainability Network**, sponsors of Cathy's work, which has four aims

1. To highlight the negative impact of unsustainable population increase on economic development, poverty alleviation and the natural environment.
2. To support others in the campaign for the provision of adequate reproductive healthcare facilities for the 350 million couples who would use them, but are currently denied rights of access because of non-availability or other reasons.
3. To ensure better opportunity for investment in healthcare and education, especially in respect of women's rights and the need for more effective programmes against HIV/AIDS.
4. To promote better understanding of the problems caused by unsustainable consumption (particularly in the rich minority world) – including climate change, pollution, pressure on biodiversity and finite resources.

**AVERT** (£370) is an international HIV and AIDS charity based in the UK, with the aim of AVERTing HIV and AIDS worldwide.

AVERT has a number of overseas projects, helping with the problem of HIV/AIDS in countries where there is a particularly high rate of infection, such as South Africa, or where there is a rapidly increasing rate of infection such as in the Russian Federation.

And through our highly successful web site, [www.avert.org](http://www.avert.org), we take education and information to people in almost every country in the world.

## VOLUNTARY WORK WITH ZISIZENI

The contribution of UK Volunteers to the work of Zisizeni is really welcomed by Jabulani Nene – they are able to use the benefits of their broad education and experience of living in a more developed society to assist in the smooth running of the organisation.

Our volunteers are working with English speaking Zulu people, but on any day they will meet and speak with other members of the community whose English is more laboured. They will be making enquiries by phone or by letter (e-mail or snail mail) to check progress, make arrangements or find information. There will be reports and funding proposals to write up. There will be visits to projects in local communities and to local towns, particularly Melmoth and Eshowe, for business or shopping.

Recent female volunteers have resided in rooms in the convent, just down the road from the Zisizeni offices. The nuns have all been very welcoming, quickly dispelling the reservations that volunteers have had about living in a convent! The nuns have helped them to learn Zulu and the volunteers have responded by teaching the sisters English and computer skills! There is no need to feel lonely in the evening, for there is always a friendly face in the convent kitchen.

Helwel Council made the decision in 2002 that it was a good use of funds to assist UK volunteers by providing the cost of their accommodation in KwaZulu Natal and an additional contribution towards living expenses. It is still necessary for a volunteer to raise the cost of air fares and additional living costs to take advantage of opportunities for some tourism and weekend entertainment. Some past volunteers have gone out through the Voluntary Service Overseas (VSO) – Youth for Development (YFD) Scheme, whilst others have raised the money to fund themselves. Most have spent between six months and a year out there. Liz Sharp and Clare Morris have the task of answering the questions that potential volunteers have and for selection in this country - though Jabulani Nene and the ZAD Board at Zisizeni have to give their final approval.



Jessica Mercer (pictured left) has recently gone out to Zisizeni and will overlap with Cathy Wilkins for a few weeks. This is a situation we have not enjoyed for a couple of years; Cathy will be able to pass on her experiences and introduce Jessica to many contacts, whose names do not trip easily off an English tongue. Jessica will find her feet faster and take the work on without interruption. Jessica graduated from the University of Coventry in 2003 with a first class honours degree in Development and Health in Disaster Management. She has already spent time in developing countries - Tanzania, Thailand, Malaysia, Indonesia, Morocco & Romania - and has scuba dived in Mozambique and Australia! Since graduating, Jessica has worked as a project administrator for HTS Development Ltd, a consultancy organisation providing advisory and support services to the Department for International Development (DFID). She visited Ghana as part of a project monitoring team looking at food safety. She will be gaining grass roots development experience with an NGO to help with her PhD preparation and her future career in 'Development'.

### News of returned volunteers

**Alice Freeman (02) wins the Boat Race!** Alice was a member of the Oxford Women's Coxed Eight, rowing number 3, that beat Cambridge on 21<sup>st</sup> March.

**Jenny Friday (99-00)** married Richard Milne in July

**Clare Morris (93-94)** and Deepak are to be married next March

### **Politics in South Africa**

Leo Ayles, Helwel's poet laureate, was a member of a team observing the conduct of elections in South Africa last April - he has written a fascinating report on the state of politics in KwaZulu Natal & South Africa - if you would like a copy please contact Russ or Liz Sharp

We remember with affection and gratitude, two good friends of Helwel Trust in Sussex, who have died recently.

**Didon Faber and Alan Lee**

**Caring and Sharing** have again been amazingly generous in funding the pre-school feeding schemes - to the sum of £8,700 in 2004 and over £130,000 over the many years of loyal support. There are 45 schools, where this aid reaches, and it has ensured that the children have had at least one nutritious meal each day they attend. Attendance also allows regular health checks and thus these children have the best start in life. Unfortunately a growing problem is the number of HIV/AIDS orphans, cared for by grandparents or by elder siblings; this must be urgently addressed.

## In Fond Memory of Helwel Trust's Founders, Drs Anthony & Maggie Barker

Carolyn Mowbray writes:

*(a full copy of her report is available by request from Russ Sharp)*

While we were in KwaZulu Natal it was possible to arrange a ceremony at the Charles Johnson Memorial Hospital to unveil a plaque in memory of **Anthony and Maggie Barker**. It has bi-lingual wording - recording the Barkers years of service (1945-74) and the renowned Zulu maxim "Umuntu Ngumuntu Ngabantu" ('we are who we are through others'). The plaque also remembered Maggie's sister **Phyllis Newton**, later **Sellwood**, who was the Nursing Tutor there (1948-75).

A suitable photo of the Barkers to present to the hospital was found and this had to be framed in South Africa; we were fortunate to find a member of the Eshowe Cathedral congregation who could do it. Time was short and fortunately **Maggie Hamelainen**, now the Rector of Melmoth, was able to act as courier. Fortunately she was keen to attend the ceremony as she had been ordained in the hospital chapel. Moreover she was accompanied by **Rosemary Harrison**, also from Melmoth, whose family has had long association with Nqutu. Also gathered into the delegation was **Flicka Will** who worked as a maternity sister at Nqutu for a total of eight years in the 1960s and 70s. She and husband **Neil**, who was the stores manager, now live in the UK and are Helwel supporters, and by a



lucky coincidence Flicka was visiting her family in Durban. They travelled to Nqutu via **Jon and Jackie Larsen** in Eshowe and took the opportunity of staying with **Chloe Zwane**, a past theatre sister and subsequently matron.

I had talked to the hospital manager and the matron by phone from the UK, but had no idea of what they were planning. We were greeted by smart middle-aged Zulu ladies in wonderful hats, who of course remembered us well - would that we could have said the same! Outside the chapel were Matron **Fikile Buthelezi** (a student nurse in our time), the Medical Superintendent, **Dr Aung** (Burmese) and the Hospital Manager, **Mr Xaba**. We were warmly welcomed and escorted into the chapel where the ceremony would be held. What a wonderful occasion it was to be! The photo of Anthony and Maggie was already placed on the altar below the black Christus Rex. We sat with other past senior staff, including three past matrons, (**Chloe Zwane**, **Adelaide Ngwane** and **Mabel Mthimkhulu**). Facing us were other past staff, including domestic workers and groundsmen. We were delighted and surprised to see **Elizabeth Mdladla**, godmother to our son Matthew, who used to work in the sewing room. She had written before Christmas that she did not expect to be still alive by the time we arrived!

The opening prayers were by the **Rev Lewis Gumede** the Archdeacon of Nqutu, and therefore successor to Charles Johnson himself! The welcome was by the Manager of the Health District, visiting from Dundee. The Nursing Manager (Matron) introduced the guests (us). **Chloe** gave a lively speech remembering the Barkers - all in Zulu but we picked up the gist of it. Next it should have been the choir but their transport had failed, so Sister Zungu sang most beautifully instead.

Then it was our turn to talk, first Howard and then me. We gave greetings from you all, and spoke about how the Barkers showed through their lives the meaning of the saying "Umuntu Ngumuntu Ngabantu". There was a vote of thanks from the Chairman of the Hospital Board.

Then a surprise item. All the past Zulu nurses plus **Flicka** disappeared out of the door and came back in a line, singing "Shosholosa". Up the aisle they went, led by a very elderly Zulu gentleman waving a stick. We joined in, and the performance continued in the chancel, much to everyone's amusement.

Next we proceeded to an area outside the Outpatients' Department, where the plaque was officially unveiled by the Mayor of Nqutu. It will later be placed inside Outpatients, where it will be protected from the weather and everyone will be able to see it. Altogether it was a wonderful occasion. The hospital had been waiting for a time to commemorate the Barkers, and this seemed so "right". There is no doubt that they are still loved and revered, almost sanctified in people's memories. We had to wonder, with some secret smiles, what Anthony and Maggie were thinking of it all!

The hospital has changed in the thirty years since the Barkers left. There are some new wards, a new Outpatients and Administration block, additional staff accommodation and the site is enclosed by a security fence. The chapel is still at the centre of the hospital. It seemed to us to be a thriving, happy and confident place, clean and cared-for, well staffed and well administered. Anthony and Maggie would have been immensely saddened by the modern problems of crime and HIV/AIDS, but they would have been proud to see how both South Africa and the Charles Johnson Memorial Hospital have moved into the twenty first century.

*Carolyn and Howard Mowbray were representing the Barker Memorial Fund and Helwel Trust*

## Climate Change

At the last annual meeting of the Friends of Helwel Trust, we were presented with a most a most interesting, alarming and provocative presentation on the consequences of climate change by **John Mead M.A.**

“There is now little doubt that climate change is taking place - 99% of the senior climatologists are agreed on that fact, and they also agree that it is largely caused by human activity - through the burning of fossil fuels. The recommendations of the UN Inter-Governmental Pan on Climate Change (IPCC) is that we need to reduce our CO2 emissions by at least 60% by 2050 on 1990 levels (and 80% would be preferable). In fact emissions have risen relentlessly since 1990.

There are indications that, not only will we experience extreme adverse weather conditions (heat, storms, hurricanes, floods etc) but the entire climatic system might destabilise, with disastrous results for many of us on our planet, but particularly for those living in tropical and sub-tropical regions. It is the way of life of those of us who live in the rich world who are mainly responsible for these predicted cataclysmic changes.

It is our children and grandchildren, and future generations all over the world, particularly those living in poor countries, who will suffer fro our current way of life and from our refusal to take significant action now. We need to take action now, and not wait for a crisis — by which time it may be too late to do anything.”

No-one was left in any doubt that it is the responsibility of each one of us to take what action we can to try to turn things round. As a direct consequence of questions asked by a Helwel Council member the Diocese of Southwark is raising these issues at the General Synod of the Church of England and in the Diocese of Southampton there is a strong commitment where another Council member’s church is now registered as an ‘Environmental Body’.

The Churches in Devon have been working together for some years on making their members and churches aware of the situation and enclosed is a copy of a working leaflet ‘Environmental Audit of a Church or Parish’. We hope our readers will consider how much of its contents they can apply to their own lives and the ways of working of their churches and their places of work. If you ask the question “What difference can one individual make to such a huge problem?” be assured that every small effort is worthwhile, every vote will count - you never know what effect a comment to an individual or a letter to a leader will have. **Act now before it is too late.**

Russ Sharp

## Ann Crowhurst reports on East Sussex Schools Link 2003-04

With so many charities asking schools for help these days, we are lucky in East Sussex that the Helwel Trust is continuing to receive such good support, even after nine years.

Last summer, we had the usual generosity from the pupils, staff and parents of Northease Manor School, at Rodmell, who raised nearly £400 in that term. Each year, for eight years, they have organised their sponsorship schemes and many thanks go to Kim Phillips, Phil (who is the master in charge of sports activities) and Paul Stanley, the Head Teacher. Nearly £3500 has been donated form that school in that time.

Hamsey County Primary School also joined in again last summer, for the fourth time, and the several hundred pounds they have raised during those years is a great achievement for a very small school. Their continuing help is much appreciated.

Last Autumn Term, I went back to Gray’s Infant School, in Newhaven, for their Harvest celebrations, and to Wallands County Primary School in Lewes, where we shared the gifts from the children with another African charity, Seeds for Africa. Many thanks to those schools for having me there again. At Gray’s School, they had a raffle, and at Wallands, they covered a set of concentric circles with coins, laid out on their school hail floor.

A great surprise came in the Spring Term 2004 when I received, once again, a very generous cheque from another sponsored swim by pupils in Years 5 and 6 of Iford and Kingston C. of E. School. This was organised by their swimming instructor and Bursar, Mrs Ann Lill. Over £500 was collected this year; which was a marvellous effort. So, many thanks to them for their unsought generosity and continued interest.

This Summer Term, I have just been back to St Leonard’s, Seaford, Brownie Pack for a third visit, and my thanks to Tanya Tullett, for this support and for organising a lucrative Kim’s Game.

Framfield C. of E. School has just had a Trim Trail built in their playground. On the official opening day, I was asked to visit them, and all the parents and friends present sponsored the children while they took part in fitness activities. My thanks go to the Head Teacher, Janet Wild, and all those who supported Helwel that day.

It has been very encouraging over the years to see such loyalty to Helwel Trust from a substantial number of schools in this area. To all of them, thank you very much.



## Quotes from East Sussex Children

“For the 2004 sponsored swim I swam 32 lengths and raised £8. I raised it so that children in KwaZulu Natal can be fed for one year. It costs about £10 to feed a child for one year and my money will go towards that.”

**Kristina** (age 11) Iford & Kingston Primary School

“For our fund raising on the 18<sup>th</sup> May we had four trays with twelve items on each tray. On the trays there were different things like what you would find in the bathroom, kitchen and food, ornaments. We got sponsored to remember the items on the trays. All together there were forty-eight items (I remembered forty-three). I hope we have raised enough money to feed lots of pre-school children in KwaZulu Natal.”

**Laura & Megan** (both age 9)  
2<sup>nd</sup> Seaford St Leonard's Brownie Pack

## **Annual Meeting of Friends**

Saturday 23<sup>rd</sup> October at Partnership House  
157 Waterloo Road, London SE1

Friends are invited to attend as observers the Annual General Meeting of Helwel Trust Council at 6.00 p.m. followed immediately by the Friends Meeting and a buffet supper

## **Eton College Action Fair 25<sup>th</sup> September 2004**

In the May Helwel Update this day was erroneously publicised as 18<sup>th</sup> September. Because of the date confusion **there will be no Helwel stand this year** as the Fair clashes with the date of this year's **Helwel Hike**

## **Wildlife Paintings**

**Artist, Clive Fredrickson** has generously donated a number of his splendid wildlife paintings for Helwel Trust to use for fund raising. We have two elephant, one zebra (pictured above) and one ostrich pictures remaining. If you are interested in purchasing one, contact Sally Hanning at [sally\\_hanning@yahoo.co.uk](mailto:sally_hanning@yahoo.co.uk)

## **WILL YOU HELP?**

Nearly £20,000 was raised from Gift Aid donations in the last year, helping Zisizeni's vital development work in KwaZulu Natal.

Every £1 gift aided enables Helwel Trust to reclaim an extra 28p from the taxman.

Will you make a regular donation, increase your existing bankers order, or make a one-off donation? Helwel urgently needs your continuing support - please help us again.

Thank you.

## *gift aid it*

### A new Scheme

*This year for the first time, you can donate all or part of your tax repayment to Helwel using your Self Assessment return.*

*Helwel Trust's code is SAH7OAG*

### Other ways of giving to Helwel through CAF:

*Give As You Earn: Helwel's registered GYE number for pre-tax payroll giving is 000104834*

*CAF Vouchers                      CAF Charity Card                      CAF CASH*

*www.AllAboutGiving.org (for online donations)*

*www.GiveNow.org (for online donations)*

For more information

on the Gift Aid Scheme or if you need a Gift Aid Declaration Form, please contact:

Angela Maddison: 01273-472506 or

e-mail: [helwel@mistral.co.uk](mailto:helwel@mistral.co.uk)



**H E L W E L H I K E**  
**25<sup>th</sup> September 2004**  
Come and enjoy good scenery, good exercise,  
good fellowship for an excellent cause in the  
**BEYONDS of WEST BERKSHIRE**  
meet at the Pot Kiln, Frilsham  
at 10.00 a.m.

All monies raised from sponsorship of our effort will go to support our volunteers at Zisizeni, both Zulu and UK.

Further details and sponsor forms from Henry & Elizabeth Hanning,

The Corner House, Hermitage, Thatcham,  
Berks RG18 9RW 01635 200329  
[hhanning@newburyweb.net](mailto:hhanning@newburyweb.net)

If you would like more copies of this Newsletter, Gift Aid Envelopes, a leaflet on leaving a Legacy to Helwel Trust or further information about Helwel Trust or Zisizeni please contact the Organizing Secretary, Liz Sharp at

Hele Cottage, Hele Cross, Ashburton,  
NEWTON ABBOT, TQ13 7QX

Tel: 01364 652333 Fax: 01364 653991

e-mail: [Helwel@helecottage.freeserve.co.uk](mailto:Helwel@helecottage.freeserve.co.uk)

<http://www.helweltrust.co.uk>

*All the Trust's Officers give their services voluntarily.*

*Registered Address of the Helwel Trust:*

*26 Long St., Dursley, Gloucestershire GL11 4JA*

Photographs courtesy of Mowbrays, Sharps, Cathy Wilkins

Edited by Russ Sharp Published by the Helwel Trust

Printed by Wotton Printers, Newton Abbot, Devon, TQ12 4PJ